

**OXLEY COLLEGE  
SPORT DEPARTMENT**

**SENIOR SCHOOL SPORT  
WINTER 2024**



# Table of Contents

**Introduction**

---

**ISA Sports**

---

**Sport Selections, Grading & Trials**

---

**Additional Sports**

---

**Sport Commitment & Expectations**

---

**Communication & Planning**

---

**Representative Pathways & Awards**

---

**Safety, Policies & Procedures**

---

# Introduction

At Oxley College, our purpose is to inspire students to achieve excellence by providing an environment that nurtures learning through enjoyable and authentic sport programs. A comprehensive range of team sports reflects the importance of physical development as well as social and emotional learning.

By participating in team sports, students develop cooperation and responsibility. As a founding member of the Independent Sporting Association (ISA) competition, the College has sought to uphold the principle of healthy competition where games are played in a spirit that reflects a positive approach to sport among schools of similar culture.

It is an expectation that every student participates actively in the College Sport programme and this includes committing to **at least one ISA team sport per year**. ISA Sports require attendance at all training sessions and all games. The majority of training sessions take place on Tuesday or Thursday however, on occasion they may be scheduled outside of these times.



The ISA Winter Season runs on Saturdays throughout Term 2 and 3. Please read through this document carefully to understand the requirements of a Winter Sport commitment.

Students must complete their Winter Sport selections via the online form by **Wednesday 6th of March**. Students will be given time in Mentor Group on this Wednesday to complete the form if they have not already done so. Once student selections are finalised, dates and further information will be provided regarding sport trials and selections. **All students must complete the form whether they are selecting a Winter Sport or not.**

# ISA Sports



The Independent Sporting Association (**ISA**) is a school-based sport association that provides opportunities for inter-school sports competition. Its purpose is to provide interschool sports competition on a home-and-away basis between member schools for both genders in Years 7 to 12. The Winter competition takes place over 12 weeks in Term 2 and Term 3 and games are played each Saturday.

The ISA aims to advance education and to promote educational policies through providing a full annual sporting program. It values and encourages participation, good sportsmanship, team and school spirit and fairness above undue competitiveness and individualism. Click [here](#) to access a full copy of the ISA prospectus.

At Oxley College, the following sports are offered to students during the Winter Sport Season:

 **Football (Boys & Girls)**

 **Hockey (Girls)**

 **Netball (Girls)**

 **Rugby (Boys)**

 **Tennis (Boys & Girls)**

# Sport Selections, Grading & Trials

## SELECTING A SPORT

Students will make their Winter Sport Selections through an online form in Mentor Group on **Wednesday, 6th of March.**

We ask that students and families take the time to consider their sport selections carefully as it will not be possible to alter their selection or withdraw from a team once the form is received by the Sports Department.

In the event that a student is unable to participate in sport due to injury, misadventure or higher level state or national representation in other sports, students can apply for an exemption. When considering an application for exemption, students first contact should be their Head of House. Please note that sports exemption will only be granted by the Head of Sport and Head of Senior School based strictly on a student meeting the criteria listed on the exemption form.

## GRADING

Oxley sport teams are graded in competitions based on the grading systems set by the ISA. This is based on the most suitable competition structure for all schools with consideration of the previous year's results. The ISA manages this process and works closely with schools to ensure the best-fit competition for all member schools.

## TRIALS

All students will be selected into teams based on their **commitment and attendance at trials, behaviour and attitude, skill level and position (if applicable).**

To maintain the integrity of selections, students will be selected in teams based on their performance at sports trials only. We aim to provide the best experience for all students in the sport of their choice and students will be given multiple opportunities to showcase their skills.

**Final decisions regarding team selection will be made by the Oxley Sport Department in consultation with the coaching staff.** Students are encouraged to seek feedback if they are disappointed with their allocated team.

# Additional Sports

Oxley College offers a variety of alternative sports for students to participate in throughout the year. These sports are entirely optional and do not take the place of students ISA commitments.

## EQUESTRIAN

Members of the Oxley College Equestrian team must compete at the annual Oxley Equestrian Day. There are many other events on the Equestrian NSW calendar and students can represent the College at these events. Students in the Equestrian team are responsible for completing their own entries and organising their own transport, horses and equipment. Please contact [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au) for more information.

## FENCING

The Oxley College Fencing Academy meets on Friday afternoons in the PCC from 3.30pm to 5.00pm. Members participate in a group lesson run by Maitre d'Armes Mr Jeff Gray. The fees associated with Fencing will be charged to the student's school account and cover the cost of the lesson and the use of the equipment. There may be a small number of inter-school competitions once students are proficient. Please contact [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au) to be placed on the waitlist.





# Additional Sports

## MOUNTAIN BIKING

Mountain Biking is held at the Welby Mountain Bike Trails on Friday afternoons from 4.00pm to 5.30pm and is run by National Masters Champion and Oxley staff member, Ms Meaghan Stanton. Students need to supply their own bike helmet and working mountain bike. Registration costs will be charged to the student's school account. Please contact [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au) for more information.

## SNOWSPORTS

The Northern Region Inter-Schools Snowsports Championships are held in the July school holidays. The cross-country skiing component forms a separate part of the Championships and is held in August. Students compete in a variety of disciplines as part of the Oxley College Snowsports Team. Families are responsible for arranging their own accommodation, travel, and equipment. Registration costs will be charged to the student's school account. Participation in Snowsports should not affect the student's commitment to their Winter ISA team.

Please contact [karinne.bedingfield@oxley.nsw.edu.au](mailto:karinne.bedingfield@oxley.nsw.edu.au) for more information.



## TENNIS LESSONS

Tennis lessons at Oxley College are offered before school via Complete Tennis. Families wishing to enrol their child/ren should contact:

<http://bowraltennis.com.au/CT-Schools.aspx>



# Sport Commitment & Expectations

ISA Sports require attendance at all training sessions and all Saturday games. Students are expected to train twice during the week, typically on Tuesday and Thursday afternoons. By committing to an ISA Sport, students must uphold the ISA Code of Conduct as well as Oxley College's behaviour policies and expectations.

## ATTENDANCE

Oxley College is committed to the management of regular school attendance and providing a safe and positive learning environment which promotes engagement and participation. Attendance at sport training and Saturday fixtures falls within the general attendance expectations of the College in that absences from sport commitments should only be due to: **Sickness, Injury, Misadventure or approved leave due to a significant family event.** Where possible, the Sport Department should be advised of any absences from training or fixtures in advance. **Attendance at training and games will be monitored during and at the conclusion of each season. If student attendance is below the minimum requirement of 80% or their commitment to their team has been deemed unacceptable, they may be asked to play a 2nd season of sport to fulfill their commitment adequately. This decision will be made in consultation with Heads of House and the Head of Co-Curricular P-12.**

## ISA 1ST TEAMS

Oxley College 1sts teams are open teams, meaning that they are chosen based on the skill, commitment, attitude and behaviour of the student and selections are not dependent on age or year group.

The Oxley College 1sts teams are the highest representative team within our College sporting program. Therefore, any selection into these teams comes with a higher expectation of the training and behaviour expected of the students selected. Expectations of these students include but are not limited to, travelling to and from games in full school uniform, attendance at after match functions, additional assistance at training and games and demonstrating the values expected of all students participating in the sport program.



# Sport Commitment & Expectations

## UNIFORM REQUIREMENTS

<b>Football</b>	Oxley Football jersey and shorts, Oxley Football socks, Football boots, shinpads.
<b>Hockey</b>	Oxley PE shirt, Hockey skirt, Oxley Hockey socks, shinpads, mouthguard.
<b>Rugby</b>	Oxley Rugby jersey, Oxley Rugby shorts, Oxley Rugby socks, boots.
<b>Netball</b>	Oxley Netball dress, white socks, athletic shoes
<b>Tennis</b>	Oxley tennis shirt and PE shorts, Hockey skirt for girls (optional), white socks.

Students should travel to and from sporting fixtures in their PE or Sport uniform.

**Only Oxley College uniform should be worn on matchdays.**

Students are **not** permitted to wear hoodies, Ugg boots, Crocs or slides. If travelling long distances on the bus, students can bring 'non-Oxley' clothing so they are comfortable, as long as they are wearing full PE or Sport uniform when they arrive and depart the bus.

**1sts Teams are expected to travel to and from games in full school uniform when changerooms are available.**

# Communication & Planning

## WEEKLY SPORTS DRAW AND SEASON DRAW

The weekly sports draw will be published through the Oxley College app & portal each week by Tuesday afternoon. This will include detailed information regarding fixture locations and drop off times for bus pick up and return for away games. *Note - that while fixtures vs Chevalier College are listed as away games, transport will not be provided.* Students can also access the weekly sport draw through the Oxley Sport Department Canvas page.

To assist with family planning around sport commitments, the season draw will be posted on the Oxley College website prior to the season commencing. These may be subject to change. Parents and students can also access the season draw, upcoming fixtures and competition ladder through the ISA app.

## LAST MINUTE CHANGES TO FIXTURES

In the event of last-minute cancellations or changes to fixtures due to weather or other circumstances, parents will receive a text message alerting them of the updates.

## TRAVEL

The nature of the ISA competition and the schools involved means that away fixtures often involve significant travel. To assist with this, we offer bus pick-ups & drop-offs for students at Mittagong and Pheasant's Nest.

**Please email [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au) by Thursday at the latest, if your child intends to be picked up at either of these locations.**

## COACHING STAFF

The Oxley College Sport Department employs a mix of Academic Staff, External coaches, Parents, Volunteers and ex-students in order to fulfill it's coaching roster. **There should be no communication about absences or any other matters directly to coaches. All communication regarding participation in Oxley Sport Teams must go via the Sport Department.**

# Representative Pathways & Awards

## ISA REPRESENTATIVE TEAMS

Oxley College offers a representative sport pathway through the ISA. Oxley College selects representative teams to compete in Swimming, Cross Country and Athletics. Teams are selected from results at the Oxley College House Carnivals, and students selected in these teams are expected to attend all training sessions and Invitational Carnivals leading up to the ISA event. Students playing team sports offered by Oxley College in the ISA competition can be nominated to trial for the ISA representative team in that sport. Decisions regarding nominations will be made by the Oxley Sport Department in consultation with coaching staff.

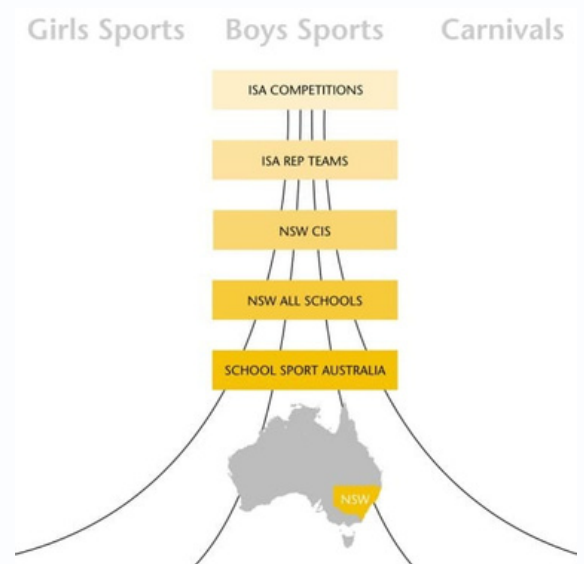
**Only those students playing in the ISA Saturday competition are eligible to trial for ISA Representative Teams in that sport.**

## PATHWAY SPORTS

Oxley College students are eligible for ISA selection in pathway sports. Pathway sports are those that the ISA does not provide inter-school Saturday competition. These include AFL, Baseball, Diving, Golf, Boys Hockey, Rugby League, Sailing, Boys Softball, Triathlon, Volleyball and Water Polo.

**Please email [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au) if you wish for your child to be considered for nomination in any of the above sports.**

The final decision regarding nominations will be made by the Head of Sport.



## CO - CURRICULAR AWARDS

The College's Awards System recognises excellence, commitment and contribution of students in Co-curricular activities. Visit the link [here](#) to read the further information.

# Safety, Policies & Procedures

## WET WEATHER

The Sport Department will refrain from cancelling training sessions on the day, wherever possible. Arrangements will be put in place allowing students to participate in classroom training sessions or indoor training involving fitness or modified games. If cancelling training is necessary however, students will be notified by email and through the announcement screens throughout the College. Students should attend training unless they have explicitly been told otherwise.

## CONCUSSION & INJURY

Oxley College acknowledges that it is not feasible to eliminate the risk of concussion in sport. However, it is committed to responding to suspected or actual concussion in a way that facilitates the recovery of the student and does not put them at risk of further harm. Concussions that occur during sport are managed by the guidelines outlined in the Oxley College Concussion Policy which can be found [here](#).

**It is the responsibility of the Parent or Carer of any student who suffers an injury or concussion outside of school to communicate this via Student Services or The Clinic so that appropriate measures can be put in place and so coaching staff are aware.**

## RUGBY

Rugby Australia has confirmed that from February 2024, it will implement a new trial that will see the legal height of tackles in the game lowered to below the sternum. The new law (9.13) will see dangerous tackling now deemed to include, but not be limited to, tackling or attempting to tackle an opponent above the line of the sternum. Studies have proven that this change will significantly reduce concussion and other injuries. **All Oxley Rugby coaches are required to complete yearly training regarding safety and this update will now be included and implemented in our program.**

RUGBY  
AU

### TACKLE HEIGHT LAW TRIAL 2024/25

#### LAW TRIAL - 9.13

A player must not tackle an opponent early, late or dangerous. Dangerous tackling includes but is not limited to, tackling or attempting to tackle an opponent above the line of the sternum even if the tackle starts below the line of the sternum.



**OXLEY COLLEGE  
SPORT DEPARTMENT**

**THANK YOU**

**Mr Joshua Hurkett - Head of Senior School Sport**

**Email:** [joshua.hurkett@oxley.nsw.edu.au](mailto:joshua.hurkett@oxley.nsw.edu.au)

**Ms Kim McNaught - Sport Administrator**

**Email:** [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au)

**Phone:** 02 4862 7797 (Business Hours)

**Sport Mobile:** 0416 213 328 (Friday PM & Saturdays)

