

SNOWSPORTS 2024

Welcome to the 2024 Snowsports season. Winter is just around the corner and from the number of students expressing interest in Snowsports, it looks as though Oxley will again have a large competitive team. Snowsports is one of the few sports where students from Kindergarten through to Year 12 have the opportunity to represent their school at a Regional, State and National level.

In the past, Oxley College has performed exceptionally well at the Interschools Snowsports Championships in all disciplines. It is not uncommon to have students from Oxley College placing at the Northern NSW Regional Championships, qualifying for the State Championships and then progressing through to the National Championships. 2023 saw an amazing 22 students qualify to compete at the National Championships. Oxley is fortunate to have a dedicated group of students and parents passionate about Snowsports whose focus is on having fun and enjoying the friendly competition that Interschools offers.

This booklet contains the information required to assist your family in planning for the 2024 events. Please read through the booklet and/or attend the information evening held on Thursday 22 February prior to completing the online registration form for each child wishing to compete for Oxley. The online registration form is located at https://form.jotform.com/240436914821051

We are looking forward to a wonderful Snowsports season for Oxley College.

Kind regards,

Karinne Bedingfield Snowsports Coordinator





Dates of Interschools Competition 2024

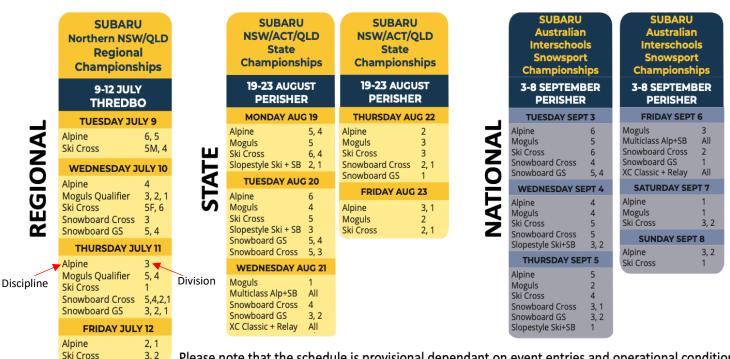
Below are the dates, locations, and details of who can compete at each of the events. Please note that Cross Country events begin at the NSW State Championships.

	Northern NSW Regional Championships	NSW State Championships	Australian Championships
Dates	9-12 July (School Holidays)	19-23 August	3-8 September
Location	Thredbo	Perisher	Perisher
Who can compete?	 Any student in K-12 wishing to compete in the Downhill events. Alpine Ski-Cross Moguls Snowboard GS Snowboard Cross 	Any student K-12 wishing to compete in Cross Country events. - Classic - Relay Any capable student 7-12 wishing to compete in Slopestyle events. Students from K-12 invited through from the Northern NSW Regional Championships downhill events	Students invited through from the NSW State Championship downhill and slopestyle events. Students invited through from the NSW State Championship cross country events.

Below is a more detailed outline of each of the events and provides information regarding the races due to take place each day.

The breakdown of Divisions are as follows:

Div.6: Years K-2 students*	Div.3: Years 7-8 students	* K-2 students competing
Div.5: Years 3-4 students	Div.2: Years 9-10 students	in snowboard and cross
Div.4: Years 5-6 students	Div.1: Years 11-12 students	country compete in Div.5



Please note that the schedule is provisional dependant on event entries and operational conditions.



Competition Disciplines

ALPINE

Skiers are timed on a modified giant slalom course



SNOWBOARD GS

Snowboarders are timed on a modified giant slalom course



CROSS COUNTRY RELAY

Three skier relay team event only



SKI CROSS

Skiers are timed individually on a course including jumps and highbanked turns



SNOWBOARD CROSS

Snowboarders are timed individually on a course including jumps and highbanked turns



SKI SLOPESTYLE

Skiers are scored on a variety of obstacles including jumps, rails and/or other terrain park features (Division 1-3 only)



MOGULS

Skiers are scored on a bumps/jumps course



CROSS COUNTRY CLASSIC

Skiers use the classic cross country style. Individuals and teams of 3 can enter. There is a mass start.



SNOWBOARD SLOPESTYLE

Snowboarders are scored on a variety of obstacles including jumps, rails and/or other terrain park features (Division 1-3 only)





Competition Entry Fees

Interschools Australia Registration and Administration Fee: Each student entering Interschools events is required to pay a once-only registration and administration fee of approximately \$55. This fee covers event insurance, administration costs for the Regional, State and National Championships. In 2024, this fee will also include an Oxley helmet cover for students competing in downhill events or an Oxley buff for students only competing in cross country events. This fee will be added to your school account.

Race entry: In 2024, the event entry fees are \$55 per event, per competitor at each Championships. Race entry fees do not include a student's lift pass. These fees will be added to your school account.

Lift Passes: Student's competing in the downhill events must have a valid lift pass for each day they are competing. Lift passes must be purchased separately, as this is not a service the school can offer. Lift passes are not required for cross country events.

Team Selection

All students are able to compete as individuals within their events (with the exception of Cross Country Relay, which is a team event only). Where possible and numbers allow, Oxley will endeavour to place students within teams, in order to compete as a team as well. From 2024, Moguls will be an event for individuals only and team selection does not apply.

Whilst the emphasis is on fun and having a go at Regional Interschools events, we do acknowledge that some students are passionate about competitive Snowsports and aim to compete at the State and National Championships. Student placement in teams is largely based on the results of competition from the previous year and designed to allow as many students as possible to qualify for State and National events. Student age and previous skiing experience is also taken into consideration in the creation of teams by Oxley staff.

The Oxley Snowsports Policy covers team selection is available to parents upon request.





Uniform Requirements

Snowsports Jacket: Students have the option of two Snowsports jackets.

- Option 1: Oxley Snowsports Waterproof Jacket this jacket is made of Dryflex material with a waterproof /breathing rating >10,000. This also makes for a great supporters Jacket for parents if desired. Cost is approximately \$350 and must be pre-ordered through the uniform shop by Friday 23 February.
- Option 2: Oxley Snowsports softshell jacket this jacket is wind resistant and ideal for competing when whether is fine. Cost is approximately \$110 and **must be pre-ordered** through the uniform shop **by Friday 29 March.**

Oxley Helmet Cover: The Oxley helmet cover must be worn by all downhill skiers and boarders whilst competing. In 2024, the Oxley helmet cover is included in the registration/administration fee for downhill competitors.

Oxley buff: The Oxley buff can be worn by all Oxley competitors in downhill and cross country events. The buff is designed to allow flexibility of wear to suit each competitors needs. In 2024, the Oxley buff is included in the registration/administration fee for students competing ONLY in cross country. They will also be available for purchase from the uniform shop for downhill competitors and parents.

Oxley beanie: The Oxley Snowsports beanie or Oxley beanie is available for purchase at the uniform shop and is to be worn at medal presentations along with an Oxley Snowsports Jacket.



New waterproof Snowsports jacket

Helmet cover

Buff

Race suits: Race suits are not compulsory.

- Cross country race suits have been popular amongst students in the past and some may be available through loan via Katrina Sparke (<u>katrina@redleaf-farm.com</u>). The uniform shop only has two new cross country suits available for purchase. Please speak with Nicky if interested.
- Students in the senior school have the option of competing in an alpine race suit if they desire. These are currently not available through Oxley.



Lessons

Oxley has developed a relationship with Perisher and we are pleased to be able to offer a limited number of lessons to students competing in the Northern NSW Regional Event prior to competing. Lessons are optional and an additional cost. The cost of a lesson will be divided amongst the number of participants in each group. This may vary depending on numbers and will be added to your school account once confirmed.

Please be aware that lessons through the school are only available at Perisher and in 2024 the Northern NSW Regional Interschools event is being held at Thredbo.

Lessons will be small group private lessons with up to six Oxley students of similar age or ability level. Please indicate in the online form, what days you would like each child to participate in lessons. One of the biggest advantages of these lessons compared to public lessons, is specialised race instruction with access to training courses available (snow dependent).

We will endeavour to meet the needs of as many students as possible. However, lessons are dependent on numbers, will be allocated on a first-come-first-served basis and some flexibility around selected sessions may be required. **Registration for lessons is due by Friday 29 March.**

Below are the lessons currently being offered.

	Ski Half Day	Ski Full Day	Snowboard Half Day
Thursday 4th July Perisher	0	0	0
Friday 5th July Perisher	0	0	0
Saturday 6th July Perisher	0	0	0
Sunday 7th July Perisher	0	0	0
Monday 8th July Perisher	0	0	\bigcirc
Tuesday 9th July Perisher *NB: Div. 4,5,6 skiers and Oxley staff will be at Thredbo today	0	0	0
Wednesday 10th July Perisher *NB: Div. 4,5,6 skiers, Div. 3,4,5 snowboarders, Div, 1,2,3 Moguls and Oxley staff will be at Thredbo today	0	0	0



Parent Assistance

Interschools events rely heavily on volunteer assistance. All parental assistance is greatly appreciated by Interschool organisers and Oxley Staff.

Team Managers – Oxley must allocate a team manager for every event our students compete in. Team managers are responsible for meeting with the competitors under their care prior to course inspection and ensuring all competitors are wearing the correct race bib. Team managers, particularly of younger students, may be required to assist the students complete course inspection prior to the start of their race and need to wait until the last Oxley competitor has finished racing.

Course Officials – Oxley will be required to fill a number of course official roles at Regional, State and National Championships. For every eight entries, we are required to provide one Course Official. Course Official roles include marshalling competitors, start referees, finish referees and gate judges. Course officials must stay for the duration of the race and are provided with a free lift pass for the day they volunteer, if they require one.

The more parents we have volunteering the easier it is to spread the load amongst everyone. We try to ensure that you will be allocated to an event your child is competing in, so you are still able to watch them compete. Please indicate in the online form if you are able to assist.

Other Opportunities

Dryland Training

The Oxley Sports Department are working towards running dryland training sessions for members of the Oxley Snowsports team during Terms 2 and 3. These sessions would focus on developing balance, strength and improving confidence and fitness in ski-specific movements. More information regarding these sessions will be available shortly.

Educational Sessions

During Term 2, Oxley would like to offer Parents and Students the opportunity to attend sessions where they can learn how to complete a course inspection, how to tune and wax skis, and what to look for when purchasing or hiring skis.

Team Dinner / Get Together

A team dinner / get together will be organised for families to attend prior to the commencement of Snowsports events. Opportunity to indicate attendance to this will be provided at a later date.



Frequently Asked Questions

Does Snowsports interfere with other winter sports at Oxley?

The Regional Interschools event is held Tuesday-Friday during school holidays and does not interfere with any school sport.

The State Championships is held during term time Monday-Friday. This would not impact a student's ability to compete on Saturday but may affect their ability to attend training for another sport that week. An exemption from training will be provided that week.

The National Championships is held in September. This is usually after the completion of the ISA winter season and should not impact Senior School students. The event may impact some Junior School students' attendance at training that week and would not impact game attendance. An exemption for training will be provided for that week.

Does the school approve leave for students to compete?

Our aim is to support safe and successful participation in Snowsports events and enable appropriate leave for students wishing to represent the College. In most cases, the College will allow leave from school for one day immediately prior to and one following the student's events. This is approved for travel/training purposes. In addition, it will be a condition of this leave for students in the Senior School that all course work is up to date and assignments are completed prior to departure. The College reserves the right to deny leave if we have concerns about the impact on a student's academic progress.

Do I have to enter my child into events?

On completion of the online registration forms, competitor entries will be submitted by the Snowsports Coordinator. By completing them promptly, it allows the Sports Department to plan the number of teams to enter and start the online entry process.

Do I need to purchase lift passes?

All downhill skiers and boarders must have a valid lift pass for the day(s) on which they are competing. Unfortunately, this is not a service that Oxley can provide. Regional competitors will need a Thredbo lift pass and State/National Competitors will need a Perisher lift pass. If you intend on your child having lessons through Oxley at Perisher and think they may compete at State/Nationals, you might like to consider an Epic Season Pass – this usually pays for itself after 5 days of skiing/boarding. Cross Country skiers DO NOT require a lift pass.

Do I need to book accommodation?

Families will need to make their own accommodation arrangements. For those wishing to compete at the Regional Championships in the school holidays, it is recommended that you book ASAP, as accommodation sells out. More affordable options can be found in Jindabyne and surrounding areas.





Important Dates

- Thursday 22.02 Oxley Snowsports information evening. 5:30 in Rooms 29-30
- Friday 23.02 Pre-orders for the Oxley Waterproof Jacket due to uniform shop
- Friday 29.03 Registration for lessons organised by Oxley at Perisher due
- Friday 29.03 Snowsports online registration form to be complete
- Friday 29.03 Pre-orders for the Oxley Softshell Jacket due to Uniform shop

Further Information

If you have any further questions regarding Snowsports at Oxley, please do not hesitate to contact: Karinne Bedingfield <u>karinne.bedingfield@oxley.nsw.edu.au</u> Oxley Sport Department <u>sport.admin@oxley.nsw.edu.au</u>

We encourage you to view the Interschools website: <u>https://www.interschools.com.au/home/</u> This website has all the information you will require on Interschools Skiing and Snowboarding.

The Interschools Handbook is also very useful and can be found at: <u>http://interschools.com.au/home-nsw-act-qld-sa/policies-important-documents/</u>

