



Junior School Sport

We are delighted to provide this Sport Booklet to our school community and invite you to nominate your child's sports preferences for 2023. This booklet contains an overview of the Junior School Sport arrangements for the Summer and Winter seasons. It works alongside the Co-Curricular Clubs and Music Ensembles booklet to enhance the quality of the offerings in the Junior School.

Our purpose in Oxley Sport is to inspire students to achieve excellence by providing authentic and enjoyable sport programmes that nurture learning and growth. Our Junior School sport programme has an intentional growth model ranging from intramural sport, club sport and associated interscholastic sport options. Students in Years 5 and 6 are encouraged to participate in one sport each year in preparation for the Senior School, at which point it is compulsory.

We look forward to your child's involvement in the vibrant sporting life of the College. Please register your child's Sports preferences for 2023 by completing the online form [here](#) by **Friday 17 February 2023**.

Please feel free to contact the Sports Department if you have any further questions at sport.admin@oxley.nsw.edu.au.

Kind regards,



Fran Dorczak
Head of Sport



Louise Pike
Sports Administrator

Overview of School Sport

The Junior School Sports programme is developed so that students participate in an age-appropriate level of training and games. As they progress through the Junior School, they will experience a graduated increase in knowledge and skill development into the Senior School. The pathway is outlined below.

Years K to 1

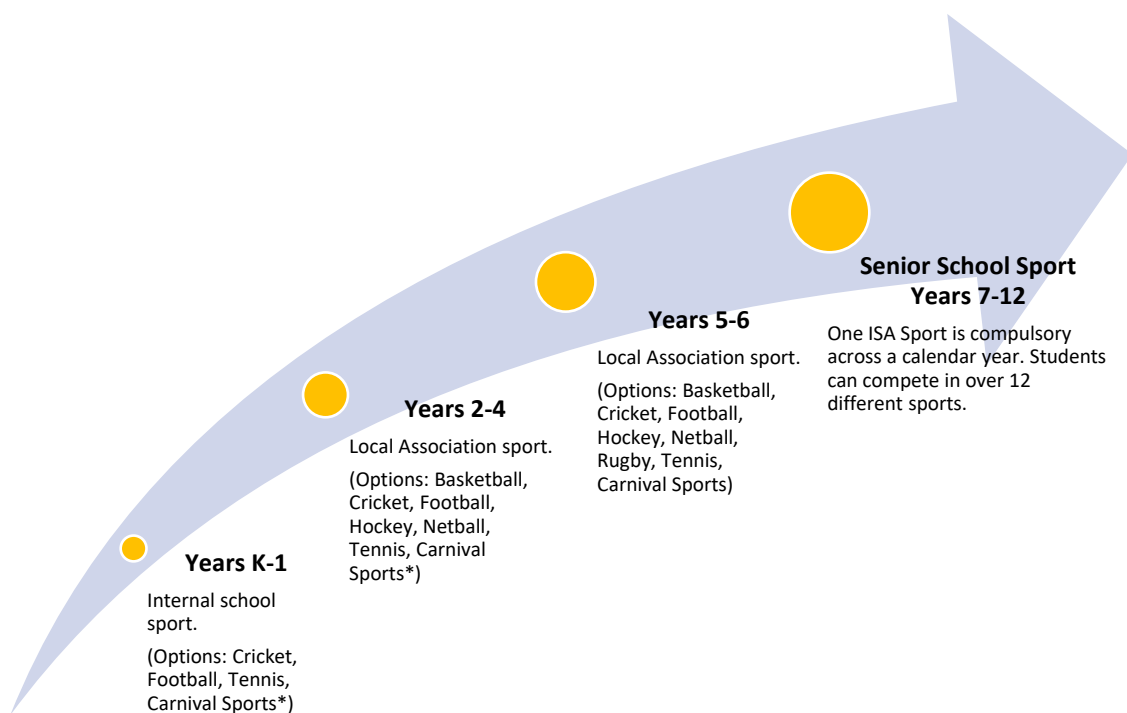
Students in Kindergarten and Year 1 are introduced to the sports of Cricket, Football and Tennis. Fun skill-based games allow our younger students to gain confidence in their ability and to develop their love of sport.

Years 2 to 4

Students in Years 2 to 4 progress and have the opportunity to play in teams registered in the local competitions run by the various Associations in the local area, in the sports of Basketball, Cricket, Football, Hockey, Netball and Tennis.

Years 5 to 6

Students in Years 5 and 6 have the opportunity to play in teams registered in the local competitions run by the various Associations in the local area, in the sports of Basketball, Cricket, Football, Hockey, Netball, Rugby and Tennis.



*Carnival sports include Swimming, Athletics and Cross Country. Students can progress through the school pathway to CIS for these sports.

Independent Primary School Heads Association (IPSHA)

In 2022 Oxley College Junior School joined the **Independent Primary School Heads Association (IPSHA)**. IPSHA is the largest primary school sporting association in NSW with over 46 member schools and provides the opportunity for Oxley Junior School students to compete in Swimming, Cross Country and Athletics Carnivals. The Swimming and Athletics Carnivals will be held at Sydney Olympic Park and the Cross Country Carnival will be held at The Kings School, North Parramatta.

Junior School Summer Sports – (Terms 4 and 1)



Basketball - Years 2 to 6

Students will compete in the local Moss Vale Basketball Association (MVBA) competition. Basketball teams will train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm. The local competition games are played at Moss Vale Basketball Stadium on either Wednesday or Friday afternoons. Competition runs from approximately October through March.



Cricket - Years K to 6

Students will compete in the local Highlands District Cricket Association (HDCA) competition. Cricket teams will train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm. A Junior Blasters Cricket programme will be offered to students who are in Years K, 1 and 2. Students can learn the skills to play cricket through fun game-based activities.



Running Training - Years 3 to 6

In preparation for the Oxley Cross Country and Athletics Carnival, students from Years 3 to 6 are invited to participate in Running Training to improve their fitness and technique. Sessions are held on Governors Field from 7.45am to 8.30am on Wednesday mornings in Terms 1, 2 and 3 until the IPSHA Athletics Carnival. These sessions will have capped numbers and will be offered on a first come first served basis in order of registration.



Swimming Training - Years 2 to 6

Swimming Training is held Monday mornings at Bowral Swimming Centre from 7.00am - 8.00am under the instruction of a qualified swim coach. This training is NOT a Learn-to-Swim programme. It is offered to Year 2 to 6 students who are already competent swimmers and keen to improve their fitness under squad training conditions.

Junior School Winter Sports – (Terms 2 and 3)



Netball - Years 2 to 6

Students who register for Netball will either be involved in skill building or competition games. Teams will compete in the local Southern Highlands Netball Association (SHNA) competition and games will be played at Eridge Park, Bowral on Saturday mornings. Netball teams will train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm.



Football - Years K and 1 / Years 2 to 6

Students in Years K and 1 who register for Football train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm.

Students in Years 2 to 6 who register for Football will be placed into teams to compete in the local Highlands Soccer Association (HSA) competition. These teams will train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm and games will be played on Saturday mornings at various locations in the Highlands depending on competition.



Hockey - Years 2 to 6

Students who register for Hockey will be placed into teams to compete in the local Southern Highlands Hockey Association (SHHA) competition. Hockey teams will train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm. Games are played on Saturday mornings at the Welby Hockey Centre. Costs associated with this activity will be charged to the student's school account.



Rugby - Years 5 to 6

Students who register to play Rugby will train once a week at school on Wednesday afternoons, 3.30pm to 4.30pm.

Additional Sports



Equestrian - Years K to 6

Students who become members of the Oxley College Equestrian team compete at the annual Oxley Equestrian Day and a variety of other equestrian competitions. Students in the Equestrian team are responsible for completing their own entries and organising their own transport, horses and equipment.



Fencing - Year 6

The Oxley College Fencing Academy meets on Friday afternoons in the PCC from 3.30pm to 5.00pm. Members participate in a group lesson run by Maitre d'Armes, Mr Jeff Gray. There may be a small number of inter-school competitions once students are proficient. Costs associated with this activity will be charged to the student's school account.



Tennis - Years K to 6

Tennis lessons at Oxley College are offered via Complete Tennis before or after school throughout the year for all year groups from K-6. There may be opportunities for students to compete in a variety of competitions depending on team numbers and ability. Including TW Cup and local club competitions. For further information families wishing to enrol their child/ren should contact <http://bowraltennis.com.au/CT-Schools.aspx>



Snowsports - Years K to 6

The Northern Region Inter-Schools Snowsports Championships are held in the July school holidays and alternate between Thredbo and Perisher each year. Students compete in a variety of disciplines as part of the Oxley College Snowsports Team, however families are responsible for arranging their own accommodation, travel and equipment. Participation in Snowsports cannot affect students' team commitment in another Junior School Sports competition.

NOTE: All Sports at Oxley may carry different costs associated with each sport including some registration, association, or coaching costs. Where possible these will be charged to the school account.

Uniform

Basketball – Oxley Basketball singlet and shorts, white socks.

Cricket – Oxley Cricket shirt, long white Cricket trousers, Oxley broad rim hat or Oxley cap.

Equestrian – Oxley white collared shirt, Oxley tie, Oxley jumper, Oxley sports jacket, beige jodhpurs.

Fencing – Oxley College PE uniform. All other equipment is provided.

Football – Oxley Football jersey, Football shorts, white Oxley socks, Football boots, shin pads.

Football – (K-1) – Oxley PE shirt and shorts, white Oxley socks, shin pads, Football boots (optional).

Hockey – Oxley PE shirt, Hockey skirt or PE shorts, white Oxley socks, shinpads, mouthguard.

Netball – Oxley Netball dress, white socks, athletic shoes.

Rugby – Oxley Rugby jersey, Oxley Rugby shorts, Oxley Rugby socks, boots.

Running Training – Oxley PE uniform. Oxley singlet when representing the College.

Snowsports – Oxley jacket, Oxley beanie.

Swimming Training – Oxley swimming costume or plain navy blue costume or jammers.

All Oxley College items are available from the Oxley Shop.

Sports Draw

The weekly Sports draw will be published on the Skoolbag app and Oxley College website by Tuesday afternoon each week. Season draws, if available, are published on the Sports page of the Oxley College website. It is important to check the weekly Sports draw for any changes to the season draw.

Wet Weather

In the event of wet weather for training or fixtures, **the Oxley College website should be your primary source of information**. A notification will be placed on the Oxley College website: Sport and Wet Weather Update on the home page at <https://www.oxley.nsw.edu.au/> and Skoolbag. The Sports Department will attempt to notify families of the cancellation of training or fixtures via text message. Training will not be cancelled on the day if however due to extenuating circumstances training needs to be cancelled parents will be notified with minimum 24 hours notice allowing time for changes to after school arrangements.

Parent Assistance

We are always keen to hear from our parents who are willing to assist us in running our Sports Programme. Even if you have no prior experience in a particular sport, but are keen to be involved, we invite you to indicate your interest. Please contact us via the Junior School Sport Selections at the link here .

Representative Pathways in Sport

IPSHA – The Independent Primary School Heads Association is the **first** level of pathway representation following an Oxley College Carnival. Students who perform at a high level at Oxley College Carnivals will be selected to represent the school at IPSHA Swimming, Athletics and Cross Country Carnivals.

NSWCIS – The New South Wales Combined Independent Schools is the **second** level of pathway representation. NSWCIS competitors are selected from the results of the IPSHA Carnival.

PSSA – The Primary School Sports Association is the **third** level of pathway representation. Students who are successful at the NSWCIS level then go on to compete at PSSA Carnivals.

In addition, students who are members of a current Oxley College team can also trial for IPSHA and/or NSWCIS representative teams. Students are invited to trial by the Sports Department if their skill level is suitable.

Player Expectations

The Sports programme offered at Oxley is broad and exciting and encourages each student to develop a full range of personal, interpersonal and team skills. The programme challenges each student to respect themselves and to respect others. We would appreciate that all students understand the commitment they are making to the Sports programme at Oxley College and to their team mates. This commitment should be demonstrated by remaining dedicated to your selection for the entire season and includes:

- Attendance to all training sessions except if injured or sick.
- Attendance to all games, both home and away for the entire season regardless of the team a student is selected into.
- Uphold all behaviour and uniform expectations of Oxley College relevant to sport.

Absence and Attendance

Reasons for absence from training or games: (correspondence must be made by parents)

Sporting activities are considered part of school attendance and leave should be requested in the event of:

1. **Sickness:** No notification is required when a student is absent from school on the day of training however, for extended illness, please notify the Sports Department prior to the weekly fixture.
2. **Misadventure:** If there is an acceptable reason for not attending, please email 48 hours before training or prior to the weekly fixture sport.admin@oxley.nsw.edu.au
3. **Approved leave:** In writing to the Sports Administrator one week prior to the game. It is an expectation that coaches are aware of any students who will not be playing or training prior to the game.
4. **Participation in Snowsports** must not affect the student's commitment to their team in the Junior School Saturday Sports competition.

Team Allocation, Selection and Registration

Team Allocation

Once the sports selection form has been submitted the information is collated and team numbers are determined. We cannot guarantee a place in a team for submissions after the due date. The viability of running Oxley College teams is dependent upon participating student numbers, and in the event that your child cannot be placed into a team, you will be notified in a timely manner in order that you may explore direct registration with a local sport association. All sports offered are available for boys and girls. A key consideration in our participation in local competitions is co-ordinating logistics aligning with associations that do not run on school schedules. Often, trials for one season have commenced before the previous season has finished and registration dates are varied as they are determined by each separate sport. As a result, we ask for your patience and understanding in troubleshooting these issues. Students currently playing a sport must continue attending training and games for that team and once that sport concludes they may then begin attending the next season's training sessions, as the current season's training and games take priority.

Team Selection

If there is more than one team in an age group or division for Years 3 to 6 players, the teams will be parallel and not graded. Students will be allocated to teams based on trials, previous experience and additional school commitments rather than personal preference. Our aim is to provide balanced teams and rewarding experiences for all students at Oxley College.

Registration

Once teams have been finalised, the Sports Department will contact parents with the registration details. Depending on the sport, parents will be asked to register their child and may be able to use their Active Kids voucher. Alternatively, the Sports Department will register the students directly.

We trust that this information outlines the Oxley College Sport Programme and provides relevant information that will assist when choosing a sport with your child. We look forward to your child's involvement in the vibrant sporting life of the College. Please register your child for their Winter and Summer Sport seasons by completing the online form [here](#) by **Friday 17 February 2023**

