



to think  
to dare  
to dream



# Senior School Sport

## Winter 2020

On Wednesday 12 February all Senior School students will be given the opportunity to complete an online form with their selections for the winter 2020 sport season. Contained in this booklet is an outline of the winter sports available at Oxley College.

We are always keen to hear from parents, guardians and community members who are willing to assist us in running our sport programme as coaches, referees and team managers. If you would like to be involved, please contact the Oxley College Sport Department on the email address below.

We look forward to all our students becoming involved in the vibrant sporting life of the College.

Please feel free to contact the Sports Department if you have any further questions at [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au).

Regards,

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Sports Administrator

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[www.oxley.nsw.edu.au/co-curricular/sport/](http://www.oxley.nsw.edu.au/co-curricular/sport/)

# 2020 Winter ISA Sports Programme

WINTER SEASON	
GIRLS	BOYS
Hockey	Rugby
Netball	Football
Football	Tennis
Tennis	

## What is ISA?

Oxley College is a member of the Independent Sporting Association (**ISA**), a school-based sport association that provides opportunities for inter-school sports competition. Games are played on a home-and-away basis between the member schools for both genders in Years 7 - 12.

Participating in the ISA competition encourages and promotes citizenship and education through sport. The ISA programme consists of a 12 week competition, with games held on a Saturday. In most sports the ISA has representative teams in the U16 and Open Age Groups. This representative pathway allows students who want to excel in their chosen sport to compete in progressively higher levels, as outlined below.

## Competitive Pathways in Sport

**ISA** - The Independent Sporting Association is a school-based sport association which provides opportunities for inter-school sports competition.

**NSWCIS** - The New South Wales Combined Independent Schools aims to provide a pathway to State and National level competition for a wide variety of sports.

**NSW All Schools** - NSW All Schools is State level representation, which encompasses all schools in New South Wales.

**Representative Teams** - Oxley College selects representative teams to compete in Swimming, Cross Country and Athletics. Teams are selected from results at the Oxley College House Carnivals, and students selected in these teams attend all Invitational and Representative Carnivals during the season.



## Expectations and Sport Selections

### Expectations

It is an expectation that every student participates actively in the College co-curricular programme and this includes committing to at least one ISA team sport per year. ISA Sports require attendance at all training sessions and all games. As a member of an Oxley College team, students are expected to train after school two afternoons a week. The majority of after school trainings will take place on Tuesday or Thursday and students must attend all weekend games.

In the event that a student is already heavily involved in the co-curricular life of Oxley in a number of activities such as Music, Drama, Debating, Service Learning, Equestrian, and Mock Trial, he or she may apply to be exempt from participating in an ISA team sport. A sport exemption application form can be found on the website [here](#).

Once student choices are collated, the number of teams will then be determined and submitted to the various competitions. **Please choose carefully as students will be unable to alter their selection or withdraw from a team once the form is received by the Sports Department.**

### Sports Draw

The Sports Draw will be published on the Skoolbag app and Oxley College [website](#) each week by Tuesday afternoon.

### Uniform

Equestrian – Oxley white collared shirt, Oxley tie, Oxley jumper, Oxley softshell jacket, beige jodhpurs

Fencing – Oxley College PE uniform. All other equipment is provided

Football – Oxley football jersey and shorts, white Oxley Football/Hockey socks, football boots, shin pads

Hockey – Oxley PE shirt, hockey skirt (compulsory for girls) / white Oxley Hockey/Football socks, shinpads, mouthguard

Kayaking – Specialised equipment list will be provided on receipt of registration form

Mountain Biking – Oxley bike top and knicks

Netball – Oxley netball dress, white socks, athletic shoes

Rugby – Oxley rugby jersey, Oxley rugby shorts, Oxley rugby socks, boots

Snowsports – Oxley softshell jacket or Oxley drizabone, Oxley beanie

Tennis – Oxley tennis shirt and PE shorts, Hockey skirt for girls (optional), white socks

## Wet Weather

In the event of wet weather for training or Saturday fixtures, **the Oxley College website should be your primary source of information**. A notification will be placed on the Oxley College website: Sport and Wet Weather Update on the home page at <https://www.oxley.nsw.edu.au/> and Skoolbag. The Sports Department will attempt to notify families of the cancellation of training or fixtures via text message. For training, a decision to cancel will wherever possible be made by 1.30pm on the day, allowing time for changes to after school arrangements.

## Parent Assistance

We are always keen to hear from our parents who are willing to assist us in running our Sports Programme. Even if you have no prior experience in a particular sport, but are keen to be involved, we invite you to indicate your interest. Please contact us via [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au)

## Team Photos

We would be grateful to receive your action shots and team group photos to enhance these accounts and to be used in future publications. Please forward any photos during events to [sport.admin@oxley.nsw.edu.au](mailto:sport.admin@oxley.nsw.edu.au)

## Sports Captains

The Sports Captain must be a Year 12 student who plays in the 1<sup>st</sup> Team. If a suitable Captain is not available, a Year 11 student may be appointed. If there are no Year 11 or Year 12 students in the sport, a captain of that sport will not be appointed.

The nominated student must have displayed exemplary commitment to that particular sport in their time at Oxley College. Selection of the Sports Captain should be based on the following attributes:

- Leadership skills
- Organisational skills
- Support for Coaches
- Empathy for others
- Sportsmanship
- Knowledge of the Sport

Voting is open to students in Years 11 and 12 playing that particular sport and also students in other years who have been selected in the 1<sup>st</sup> team at the College. Students can only vote for the Captain of the sport in which they are enrolled to play.

# Additional Sports at Oxley College



Equestrian, Snowsports, Fencing, Kayaking and Mountain Biking are additional sports which Oxley College offers as part of its sporting programme. These sports are not part of the ISA competition and are optional, however they provide additional school age competition at various times throughout the year for interested students.

## Equestrian

Students who become members of the Oxley College Equestrian team must compete at the annual Oxley Equestrian Day. There are many other events on the Equestrian NSW calendar and students must represent the College at a number of these events. Students in the Equestrian team are responsible for completing their own entries and organising their own transport, horses and equipment.

## Snowsports

The Northern Region Inter-Schools Snowsports Championships are held in the July school holidays and alternate between Thredbo and Perisher each year. The Cross Country skiing component forms a separate part of the Championships and is held in August. Students compete in a variety of disciplines as part of the Oxley College Snowsports Team. Families are responsible for arranging their own accommodation, travel and equipment. Registration costs will be charged to the student's school account. Participation in Snowsports cannot affect the student's commitment to their team in another Senior School Saturday sports competition.

## Fencing

The Oxley College Fencing Academy meets on Friday afternoons in the PCC from 3.30pm to 5.00pm. Members participate in a group lesson run by Maitre d'Armes Mr Jeff Gray. The fees associated with Fencing will be charged to the student's school account. This fee will cover the cost of the lesson and the use of the equipment. There may be a small number of inter-school competitions once students are proficient.

## **Mountain Biking (XC)**

Mountain Biking (XC) training is run at the Welby Mountain Bike Trails on a Friday afternoon from 4.00pm to 5.30pm. National MTB Coach Mr Peter Dowse and National Masters Champion Ms Meaghan Stanton will run these sessions. Students need to supply their own bike helmet and working mountain bike in order to participate in this activity. Places are limited. Registration costs will be charged to the student's school account.

## **Kayaking**

The Kayaking team will train twice a week from 3.45pm - 5.15pm on Monday and Wednesday on the Wingecarribee River a short walk from the College. Kayaking training and instruction is provided by Mr Ian Royds, a Level 3 Advanced White Water Instructor. Kayaks, paddles, helmets and PFDs will be supplied. Registration costs will be charged to the student's school account. The viability of this winter kayaking program is dependent on numbers.

## **Tennis Lessons**

Tennis lessons at Oxley College are offered via Complete Tennis before or after school. Families wishing to enrol their child/ren should contact <http://bowraltennis.com.au/CT-Schools.aspx> for further information.

We trust that this information outlines the Oxley College Sporting Programme and provides relevant information that will assist when choosing a sport with your child.