

kayaking basketball fencing
 swimming water Polo equestrian
 cricket football softball
 tennis snow sports hockey athletics
 cross country netball rugby



Winter 2018

7 - 12 Co-Curricular Sport Booklet

Welcome to the 7 – 12 Co-Curricular Winter Sport Booklet for 2018! At Oxley College the learning continues beyond the classroom door. The Pastoral and Co-curricular programmes offered at Oxley are broad and exciting, and encourage each student to develop a full range of personal, inter-personal and team skills. The programmes challenge each student to respect themselves and to respect others. They also focus on each student developing the responsibility for their own actions and a responsibility to assist others.

This booklet provides information on the sports programmes available as well as an explanation of the competitive pathways. During Tutor group on Friday 16 February 2018, students in Years 8 – 12 will make their selections for the Winter 2018 sport season. The Sport Department have met separately with Year 7 students to explain the sporting options being offered. Year 7 families are encouraged to discuss the sporting options available, complete the selection form included in this booklet and return it to 7 – 12 Student Services by **Friday 16 February 2018**.

We are always keen to hear from our parents, guardians and community members who are willing to assist us in running our sports programmes in the form of coaches, referees and team managers. If you would like to be involved, please contact the Oxley College Sport Department.

We are delighted to provide this Sport Booklet to our school community and we look forward to all our students becoming involved in the vibrant sporting life of the College.

Regards,

Kim McNaught and Nick Wansey
Oxley College Sport Department

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Oxley
COLLEGE

2018 WINTER ISA SPORTS PROGRAMME

WINTER SEASON	
GIRLS	BOYS
Hockey	Rugby
Netball	Football
Football	Tennis
Tennis	

Oxley College and the Independent Sporting Association (ISA)

What is ISA?

Oxley College is a member of the Independent Sporting Association (ISA), a school-based sport association which provides opportunities for inter-school sports competition. Games are usually played on a home-and-away basis between the member schools for both genders in Years 7 – 12.

Participating in the ISA competition encourages and promotes citizenship and education through sport with games held on Saturdays. The ISA programme consists of a 12 week competition. In most sports the ISA has representative teams in the U16 and Open Age Groups. This representative pathway allows students to participate progressively to higher levels, including NSWCIS, NSW All Schools and School Sport Australia. The U14 and U16 Cricket teams play in the Highlands District Cricket Association (HDCA) competition.

Competitive Pathways in Sport

ISA – The Independent Sporting Association is a school-based sport association which provides opportunities for inter-school sports competition. In most sports the ISA has representative teams in the U16 and Open Age Groups.

NSWCIS – The New South Wales Combined Independent Schools aims to provide a pathway to State and National level competition for a wide variety of sports for students in the independent school sector.

NSW All Schools – NSW All Schools is State level representation which encompasses all schools in New South Wales.

School Sport Australia – School Sport Australia is the governing body for the Australian Schools Representative Teams.

OXLEY COLLEGE REPRESENTATIVE TEAMS

CARNIVALS
Swimming
Cross Country
Athletics

Oxley College selects representative teams to compete in Swimming, Cross Country and Athletics. Teams are selected from results at the Oxley College House Carnivals, and students selected in these teams are expected to attend all Invitational and Representative Carnivals during the season.

Expectations

It is an expectation that every student participates actively in the College co-curricular programme and this includes committing to at least one ISA team sport per year.

Expectations regarding attendance for practice and games, and requests for leave are outlined on the Oxley website under Co-Curricular > Sport.

In the event that a student is already heavily involved in the co-curricular life of Oxley in a number of activities such as Music, Drama, Debating, Service Learning, Equestrian, and Mock Trial, he or she may apply to be exempt from participating in an ISA team sport. Applications should be made in writing to the Deputy Head, Pastoral.

Sports Selections

All students are required to play at least one season of ISA Sport each year, and are strongly encouraged to play two seasons in order to maintain their fitness and team involvement within the College. The Summer season generally runs from Term 4 to Term 1 the following year. The Winter season generally runs over Terms 2 and 3.

As a member of an Oxley College team, each student is expected to train after school two afternoons a week. The majority of after school trainings will take place on Tuesday or Thursday and students must also attend all games.

Please make your ISA sport selection(s) on the back page of this booklet.

Once student choices have been collated, the number of teams will then be determined and submitted, by the Sport Department, to the various competitions. **Students will be unable to alter their selection once their form has been returned.**

OXLEY COLLEGE ADDITIONAL SPORTS

Equestrian, Snowsports, Fencing, Kayaking and Mountain Biking are additional sports which Oxley College offers as part of its sporting programme. These sports are not part of the ISA competition and are optional, however they provide additional school age competition at various times throughout the year for interested students.

ADDITIONAL SPORTS	
Equestrian	Snowsports
Kayaking	Fencing
Mountain Biking (XC)	

A brief explanation of additional sports at Oxley College

- Equestrian:** Students who become members of the Oxley College Equestrian team compete at the annual Oxley Equestrian Day and the Equestrian NSW Inter-Schools competition which is held in June. There are many other events on the Equestrian NSW calendar and students must represent the College at these events. Students in the Equestrian team are responsible for completing their own entries and organising their own transport, horses and equipment.
- Snowsports:** The Northern Region Inter-Schools Snowsports Championships are held in the July school holidays and alternate between Thredbo and Perisher each year. The Cross Country skiing component forms a separate part of the Championships and is held mid-week late August. Students compete in a variety of disciplines as part of the Oxley College Snowsports Team, however families are responsible for arranging their own accommodation, travel and equipment. Registration costs will be charged to the student's school account.
- Fencing:** The Oxley College Fencing Academy meets on Friday afternoons in the PCC from 3.30pm to 5.00pm. Members participate in a group lesson run by Maitre d'Armes Mr Jeff Gray. The fees associated with Fencing lessons will be charged to the student's school account. This fee will cover the cost of the lesson and the use of the equipment. There may be a small number of inter-school competitions once students are proficient.
- Mountain Biking (XC):** Oxley is exploring the possibility of introducing Mountain Biking (XC) to its additional sports options. Mountain Biking (XC) training is proposed to run at the Welby Mountain Bike Trails on a Friday afternoon from 4.00pm to 5.30pm. Sessions would be run by National MTB Coach Mr Peter Dowse and National Masters Champion Ms Meaghan Stanton. Students would need to supply their own bike helmet and working mountain bike in order to participate in this activity. If you are interested in this opportunity, please select Mountain Biking (XC) and return this form as your Expression of Interest.
- Kayaking:** We are excited to reintroduce kayaking at the College. Students in Year 7 – 12 will train twice a week from 3.45pm – 5.30pm on Monday and Wednesday out of our kayaking facility on the banks of the Wingecarribee River a short walk from the College. Kayaking training and instruction is provided by Mr Ian Royds, a Level 3 Advanced White Water Instructor. Kayaks, paddles, helmets and PFDs will be supplied. Registration costs will be charged to the student's school account.

PLEASE COMPLETE AND RETURN TO YOUR TUTOR

****Winter 2018 sport registrations close on Friday 16 February 2018****

Student's name: _____ **Year:** _____ **DOB:** _____

Please indicate by **circling below** which ISA Sport you would like to be involved in for the Winter 2018 Sport Season.

ISA SPORTS WINTER	
GIRLS	BOYS
Hockey	Rugby
Netball	Football
Football	Tennis
Tennis	

ISA SPORT SELECTIONS FOR WINTER 2018

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Please indicate by **circling below** which Additional Sport(s), if any, you would like to be involved in for Winter 2018 Sport Season. These sports are optional and incur additional fees.

ADDITIONAL SPORTS	
Equestrian	Snowsports
Kayaking	Fencing
Mountain Biking (XC) – Expression of Interest	

More information regarding chosen ISA Sports and Additional Sports will be forwarded to families once forms have been received and collated.

If you are intending to play a **Summer sport only** (commencing in Term 4, 2018), please complete this form with your details, tick this box and return the form to your Tutor.



2017 16s Rugby Team