

Olden Day Bingo (Family Fun B.C – before computers)

Keep this on your fridge and see how long it takes each person or the whole family to complete 4 in a row.

<p>Paint or Draw a Picture (as a gift for someone or card for an upcoming celebration)</p>	<p>When Life Gives you Lemons..... (make some lemonade and hold a stall out the front of your house or just give it away to passers-by)</p>	<p>Walk the Dog (or clean out the mouse cage or wash your pet – if you don't have a pet make a sock puppet and pretend!)</p>	<p>Play a Board Game (play the oldest or newest in your cupboard, your favourite or improvise Celebrity Head while M&D cook dinner)</p>	<p>Bake a Cake (cook a treat or a meal or just a cup of tea for someone in your family)</p>
<p>King/Queen for a Day (make the best cubby house or castle ever in your bedroom or under the dining room table and sleep in it for the night)</p>	<p>Be Neighbourly (pick a bunch of flowers, write a card or offer to do a small job to help a neighbour – check first with M&D)</p>	<p>Shake it Off (go for a run, hop, skip or a jump, even a dance or skateboard or bike ride to boost the happy making endorphins in your brain)</p>	<p>Spring Clean (clear out unwanted items from your bookshelf, toy cupboard, shed or wardrobe and give to a charity)</p>	<p>Shop Till You Drop (write the family shopping list for the week in backwards writing or cartoon drawings)</p>
<p>Plan a BIG Night Out (read the local paper and plan a night at the movies or out to dinner, set the budget with M&D and write the invitations)</p>	<p>A few of My Favourite Things..... (write a list of your favourite things to remind yourself of all you have to be grateful for)</p>	<p>Surprise Someone (think of Mum or Dad's least favourite household chore and do it for them as a surprise)</p>	<p>Read a Book (re-read an old favourite in a funny voice, ask your family about their old favourites and track them down)</p>	<p>Snap Happy (find an old camera in the house and go for a walk to see how many everyday items you can snap at an interesting angle - see if your family can guess what they are)</p>
<p>Write a Letter (or card to a friend or relative to let them know you're thinking about them)</p>	<p>Blowing in the Wind (find a bunch of interesting objects that have something in common and use a coat hanger or other simple item to make a mobile to hang somewhere special)</p>	<p>Crack a Code (learn hieroglyphics, Morse code or another and write a secret message – try lemon juice for an invisible version as well)</p>	<p>Lyrical Twist (think of a song you know and rewrite the words to create your own version and perform a little concert after dinner one night)</p>	<p>BIN-GO YOUR OWN WAY (create your own family Bingo for when this one is done)</p>