



OLE! Week 2017

Year 3 and 4 Outdoor Experience – ‘Coastal Diversity’ Information Package

The vision:

During Term 4, Week 1 all students in Years 3 - 11 will be involved in **OLE! Week 2017**, and on Thursday and Friday of Term 4, Week 1 students from Years 3 and 4 will participate in their OLE! Week camp!

OLE! Week is a compulsory and unique multi-day/overnight College event and **OLE!** stands for **Other Learning Experiences**. OLE! Week is a wonderful opportunity for Oxley students to explore new experiences with their peers in a supervised and supportive environment, and immerse themselves in activities we hope will extend and enrich their lives beyond the classroom, particularly with an outdoor, service or cultural focus.

Oxley College has contracted an outside provider, **Land's Edge** to conduct the Year 3 and 4 OLE! Experience during Term 4, Week 1 (Thursday October 12 to Friday October 13).

Programme Summary:

Year 3 and Year 4 students will attend Oxley College as per normal in Week 1 Term 4 until Thursday 12 October of that week, where they will then board a bus and travel to a coastal location for a two day and one night education experience. This two day centre based programme incorporates education around surf awareness, a surfing/beach day and exploring the beauty and diversity of the Kiama coast. Year 3 students will also investigate rock pools and Year 4 students will have the opportunity to have a canoeing adventure! All students will stay overnight in accommodation at Chittick Lodge, Gerringong.

Visit the Land's Edge website for further details: <http://www.landsedge.com.au/>

The bus will depart Oxley College on Thursday at 9.00am and return on Friday at 3.00pm.

Students will need to bring their lunch for the first day.

Please read packing list to take note of specific items needed in daypack for first day

Included in this package:

- Equipment/packing list – *please note specific items needed in daypack for first day*
- Details about completion of medical information online

All medical information is to be submitted no later than Friday 25 August 2017.

If you have any concerns or queries regarding this OLE! activity, please do not hesitate to contact our Co-Curricular Administrator, Miss Natalie Lane, on natalie.lane@oxley.nsw.edu.au.



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Year 3 and 4 Outdoor Experience

Medical Information and Parent Briefing

SUBMITTING MEDICAL INFORMATION

Land's Edge, the external contractor conducting the Year 3 and 4 OLE! Week activity, has developed an online health and safety system to facilitate the collection of medical information for our students.

Please click on the link provided below and proceed with completing the medical details for your child/children.

[Click here to access the Year 3 and 4 medical form link](#)

If you do not wish to participate in submitting your medical details via this online method, please contact our Co-Curricular Administrator (natalie.lane@oxley.nsw.edu.au) and you will be provided with a paper copy of a medical form to complete and return to the College.

Please submit your medical detail information, either online or in paper form, by no later than **Friday 25 August 2017**.

Finally, while in past years a permission form would accompany this information pack, the completion and submission of online, or a paper copy of, medical information implies your consent for your son/daughter to attend this activity.

YEAR 3 AND 4 PARENT BRIEFING – NEW FOR 2017!

We are pleased to introduce a briefing specifically for our Year 3 and 4 parents – for some of you this camp may be the first time your child has had an overnight stay away from immediate family or close friends. We understand that you may have some specific questions around camp so we have put together a briefing opportunity *just* for you! The Year 3 and 4 Parent Briefing will take place on **Thursday 24 August from 2.30pm – 3.15pm** (specific room yet to be confirmed). A representative from Land's Edge will run the session and we look forward to chatting with you at that time around any questions you may have about camp.



Oxley Year 3 & 4 Illawarra Clothing & Equipment List

Along with your school, Land's Edge considers carefully the clothing and equipment required to keep your child comfortable and as safe as possible during the Outdoor Education Program. As such we provide you with a 2-part (Essential & Required) Clothing and Equipment list.

The first part stipulates clothing and equipment that is deemed as **Essential** for participation in an Outdoor Education Program of the nature in which your child is about to undertake. The list has been developed to ensure that your child has not only the appropriate clothing and equipment to participate, but also to be as safe as possible given that weather varies and is often unpredictable. If your child attends the Outdoor Education Program without an item on this list, the item/s will be supplied to your child on a cost recovery basis.

The second (**Required**) part of the Clothing and Equipment list is broader in nature and contains 'everyday' items that are more in line with personal comfort and preference though still important.

If you have any questions concerning Clothing and Equipment, please contact your School Coordinator.

Equipping your child need not be an expensive exercise! Please ask friends or neighbours who have been on Outdoor Education programs before and have some of this equipment. We recommend borrowing, where possible, prior to purchasing equipment.

Essential Items

Waterproof Jacket	Mid thigh length with hood, zipper or button up front. Must be 100% waterproof and tear resistant. <i>Ponchos, lined or padded jackets are unsuitable</i>
Sun hat	Broad brimmed hat or cap with legionnaires flap.
1 jumper	Wool or polar fleece – not cotton
1 pair of water shoes	To be used for water activities or on rock platforms; these will get wet and sandy. They must be enclosed and secured - old sneakers are ideal. <i>Thongs, crocs or sandals are unsuitable.</i>
Water bottle	Minimum of 1 litre of water is to be carried. Recycled plastic bottles are suitable
Sunscreen	30+ water resistant – <i>No spray on/aerosols</i>
Sleeping bag	Rated to 5°C Sleeping bags must compress into a small (10 litre) stuff sack. <i>Bulky cotton bags are not suitable.</i>
Pillow, Pillow case & flat sheet	Required for Health & Hygiene Practices.



Required Items

1 pair shoes	One comfortable pair for walking
2 pairs of socks	Comfortable and warm
1 pair of long pants	A light pair for activities and evening time
2 t-shirts	Old ones
1 pair of shorts	
1 long sleeve shirt	Excellent for keeping the sun off and staying cool
Pyjamas & underwear	
Swimmers and Rashies	One-piece/speedos are best under wetsuits for surfing
Beanie	Warmth in the cool evenings
Daypack	To carry items to and from daily activities (school backpack ideal) **tagged with student's name
Small backpack or duffle	To bring all items and clothing. Please, no <i>large</i> suitcase style wheelee luggage. Clearly labelled.
Torch	A head torch or <i>small</i> hand held
Toiletries	<i>Please no aerosols</i>
Towel	Small towel, suitable for water activities and an evening shower
2 Garbage/shopping bag	To place wet shoes and gear into for transport
Personal medication**	Any medication you are currently taking in original packaging with instructions
Camera	Optional. Please bring a plastic zip-close bag or case for protection
Pen or Pencil	Writing and drawing exercises

Please ensure the following items must be ready to go in your Day Pack for Day 1 activities:

- Hat
- Sunscreen
- Swimmers & small towel
- Rain Jacket (and possibly a warm jumper)
- Filled water bottle
- Morning tea & Lunch

Please ensure any student medications are handed to a teacher on the morning of camp, in original packaging and with clear instructions for administering

- Personal medications** required during the day – asthma inhalers, epi/ana-pens, allergy tablets etc

Please be wearing weather-appropriate clothing and suitable walking shoes.